



Responsibility

*I have a responsibility to those I love ...
to be loving, patient, considerate, and kind;
to be loyal, respectful, and honest;
to be appreciative, encouraging, and comforting
to share myself and care for myself
To be the best possible "Me".*

*BUT I am not responsible for them ...
not for their achievements, successes, or triumphs;
not for their joy, gratification, or fulfillment;
not for their defeats, failures, or disappointments;
not for their thoughts, choices, or mistakes.
And not for their suicide.*

For had I been responsible this death would not have occurred.

~ Author Unknown

Life has to be lived in forward motion, but can only be understood by looking back.

For help in your healing process, be sure to grab a copy of my [book](#). I also offer small group sessions online and seminars. Find me at CoachWithLouise.com